



We are growing sunflowers for The Big Sunflower Project. Each year the project raises awareness of the rare neuromuscular conditions known as centronuclear and myotubular myopathy by giving away sunflower seeds for people to grow.

To learn more about centronuclear and myotubular myopathy visit <http://centronuclear.org.uk/>.

To learn more about The Big Sunflower Project and to get involved visit <https://thebigsunflowerproject.wordpress.com/>.